

# National Youth Panel

**Sarah Wood**

# About Me

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**“There is no fundamentally important political, social, economic, and cultural issue of our time that does not affect, and that is not affected by, Indigenous Peoples. And there is no development process that can unfold successfully without understanding Indigenous ways of life and Indigenous worldviews.”**

# Birth and Maternity Services in Remote First Nations

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Holistic Health

“Evacuation” to Southern  
Hospitals

Impacts of Colonialism

Social, Cultural and  
Biomedical Risk



# Maternal Health and the TRC



“We call upon the federal government, in consultation with Aboriginal peoples, to establish measurable goals to identify and close the gaps in health outcomes between Aboriginal and non-Aboriginal communities, and to publish annual progress reports and assess long term trends. Such efforts would focus on indicators such as: **infant mortality, maternal health, suicide, mental health, addictions, life expectancy, birth rates, infant and child health issues,** chronic diseases, illness and injury incidence, and **the availability of appropriate health services.**”

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- **Connect with Indigenous professors and instructors**
- **Seek support and learn from other Indigenous students**
- **Sneak Indigenous content into your coursework in seemingly unrelated courses**