



Walking in the Woods

A Métis Journey

Herb Belcourt

Inspired by his father's stories and a long, hard struggle with cancer, Herb Belcourt felt compelled to write his story. Offering his tale of triumph, determination and ventures aimed to help his people, *Walking in the Woods* is an exceptional example of the human spirit.

Returning to his birthplace, Belcourt reflects on the joys and sorrows of his life with honesty and humour. He describes the Métis storytelling of his childhood, the fur buying traditions of his family, and the history of one of Canada's oldest Métis communities.

Belcourt speaks candidly about his adopted children's struggles with Fetal Alcohol Spectrum Disorder, a condition two of his grandchildren live with. Walking

among the trees, he finds a new definition of wealth—love, family, education, health, nature. Belcourt had devoted more than thirty years of his life to improving access to affordable housing and further education for Aboriginal Albertans.

For more information, or to order Herb's book, visit CANDO's web site at www.edo.ca.